

HOME PRAYER RULE



*Dormition Skete
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BLESSED is our God, always, both now and ever, and unto the ages of ages. Amen.

Glory to Thee, our God, glory to Thee.

HEAVENLY King, Comforter, Spirit of Truth, Who art everywhere present and fillest all things, Treasury of good things, and Giver of life: Come and dwell in us, and cleanse us of all impurity, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. *3X*

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

All-Holy Trinity, have mercy on us. Lord, blot out our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy name's sake.

Lord, have mercy. *3X*

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

OUR Father, Who art in the Heavens, hallowed be Thy name. Thy Kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and let us not enter into temptation, but deliver us from the evil one.

For Thine is the Kingdom, and the power, and the glory, of the Father, and the Son, and the Holy Spirit, now and ever, and unto the ages of ages. Amen.

Lord, have mercy. *12X* Glory... Both now...

OCOME, let us worship and fall down before our King and God.

OCOME, let us worship and fall down before Christ, our King and God.

OCOME, let us worship and fall down before Him, Christ, the King and our God.

Turn Thy face away from my sins, and blot out all mine iniquities.
Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from Thy presence, and take not Thy Holy Spirit from me.

Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.

I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.

Deliver me from blood-guiltiness, O God, Thou God of my salvation. My tongue shall rejoice in Thy righteousness.

O Lord, Thou shalt open my lips and my mouth shall declare Thy praise.

For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.

A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.

Do good, O Lord, in Thy good pleasure unto Sion, and let the walls of Jerusalem be builded.

Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.

Then shall they offer bullocks upon Thine altar.

THE SMALL DOXOLOGY

GLORY to God in the highest, and on earth peace, goodwill among men.

We praise Thee; we bless Thee; we worship Thee; we glorify Thee; we give thanks to Thee for Thy great glory.

O Lord, Heavenly King, God the Father Almighty.

O Lord, the Only Begotten Son, Jesus Christ, and the Holy Spirit.

O Lord God, Lamb of God, Son of the Father, Who takest away the sin of the world: Have mercy on us, Thou Who takest away the sins of the world.



Kissing the icon of the Theotokos, say:

As thou art a wellspring of pity, Account us worthy of compassion, O The-otokos. Look upon a sinful people; show forth, as always, thy power. For hoping in thee, we cry rejoice unto thee, as once did Gabriel, the Supreme Commander of the bodiless hosts.

OVIRGIN Theotokos, rejoice, O Mary full of grace, the Lord is with thee. Blessed art among women, and blessed is the fruit of thy womb. For thou hast borne the Saviour of our souls. 3x

Kissing the icon of your patron saint, say the saint's dismissal hymn (troparion).

THROUGH the prayers of our holy Fathers, Lord Jesus Christ, Son of God, have mercy on us. Amen.

A Prayer before you start the Jesus Prayer.

OLORD our God, remember me, Thy sinful and unprofitable servant, when I call upon Thy holy, venerable name, and turn me not away in shame from the expectation of Thy mercy; but grant me, O Lord, all my requests which are unto salvation, and vouchsafe me to love and to fear Thee with my whole heart, and to do Thy will in all things.

FOR a good and man-loving God art Thou, and unto Thee do we send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. Amen.

Now we say the Jesus Prayer, as many times as you wish, for those whom you wish.

IN thee, O Full of Grace, all creation, both the company of angels and the race of men, doth rejoice. O hallowed temple and spiritual paradise, boast of virgins from whom God was incarnate, and became a Child, He, our God Who existed before the ages: for He made thy womb a throne, and He made thee more spacious than the Heavens. In thee, O Full of Grace, all creation doth rejoice. Glory be to thee.

PRAYER TO THE GUARDIAN ANGEL

OHOLY Angel, attendant of my wretched soul and of my afflicted life, forsake me not, a sinner, neither depart from me for mine incontinency. Give no place to the evil demon, to subdue me with the oppression of this mortal body: but take me by my wretched and outstretched hand, and lead me in the way of salvation. Yea, O holy angel of God, the guardian and protector of my hapless soul and body, forgive me all things whatsoever where-with I have troubled thee, all the days of my life, and if I have sinned in anything this day. Shelter me in this present night, and keep me from every affront of the enemy, lest I anger God by any sin; and intercede with the Lord in my behalf, that He might strengthen me in the fear of Him, and make me a worthy servant of His goodness. Amen.



Kissing the icon of Christ, say:



WE worship Thine immaculate icon, O Good One, asking forgiveness of our failings, O Christ our God; for of Thine own will Thou wast well-pleased to ascend the Cross that Thou mightest deliver from slavery to the enemy those whom Thou hadst fashioned. Wherefore do we cry to Thee thankfully: Thou didst fill all things with joy, our Saviour, when Thou camest to save the world.

Receive our prayer, Thou Who sittest at the right hand of the Father; and have mercy on us.

For Thou only art holy; Thou only art the Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day will I bless Thee, and I will praise Thy name for ever, yea for ever and ever.

Lord, Thou hast been our refuge from generation to generation. I said: O Lord, have mercy on me; heal my soul, for I have sinned against Thee.

Lord, unto Thee have I fled for refuge; teach me to do Thy will, for Thou art my God.

For in Thee is the fountain of life; in Thy light shall we see light. O continue Thy mercy unto them that know Thee.

Vouchsafe, O Lord, to keep us this night without sin.

Blessed art Thou, O Lord, the God of our fathers, and praised and glorified is Thy name unto the ages. Amen.

Let Thy mercy, O Lord, be upon us, according as we have hoped in Thee.

Blessed art Thou, O Lord, teach me Thy statutes.

Blessed art Thou, O Master, grant me understanding of Thy statutes.

Blessed art Thou, O Holy One, enlighten me by Thy statutes.

O Lord, Thy mercy endureth for ever; disdain not the works of Thy hands.

Unto Thee is due praise, unto Thee is due song, unto Thee glory is due, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. Amen.

THE CREED

IBELIEVE in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages;

Light of Light: true God of true God: begotten, not made; being of one essence with the Father: by Whom all things were made;

Who for us men, and for our salvation, came down from the heavens, and was incarnate of the Holy Spirit and the Virgin Mary, and became man.

And was crucified for us under Pontius Pilate, suffered and was buried;

And arose again on the third day according to the Scriptures,

And ascended into the heavens and sitteth at the right hand of the Father;

And shall come again, with glory, to judge both the living and the dead: Whose kingdom shall have no end.

And in the Holy Spirit, the Lord, the Giver of Life: Who proceedeth from the Father; Who with the Father and the Son together is worshipped and glorified:

Who spake by the prophets.

In One, Holy, Catholic, and Apostolic Church.

I confess one baptism for the remission of sins.

I look for the resurrection of the dead:

And the life of the age to come. Amen.

IT is truly meet to call thee blest, the Theotokos, the ever-blessed and all immaculate and mother of our God. More honourable than the Cherubim and beyond compare more glorious than the Seraphim, thee who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

O GOD of our Fathers, ever dealing with us according to Thy gentleness: Take not Thy mercy from us, but by their entreaties guide our life in peace.

ADORNED in the blood of Thy martyrs throughout all the world, as in purple and fine linen, Thy Church, through them doth cry unto Thee, O Christ God: Send down Thy compassions upon Thy people (*N. Orthodox*); grant peace to Thy Church and great mercy to our souls.

Glory...

WITH the saints grant rest O Christ to the souls of Thy servants (*N. Orthodox*), where there is neither pain nor sorrow nor sighing, but life unending.

Both now...

BY the intercessions, O Lord of all Thy saints and the Theotokos, do Thou grant us Thy peace and have mercy on us, since Thou alone art compassionate.

THOU Who at all times and at every hour, in heaven and on earth art worshipped and glorified, O Christ God, Who art long-suffering, plenteous in mercy, most compassionate, Who lovest the righteous and hast mercy on sinners, Who callest all to salvation through the promise of good things to come: Receive, O Lord, our prayers at this hour, and guide our life toward Thy commandments. Sanctify our souls, make chaste our bodies, correct our thoughts, purify our intentions, and deliver us from every sorrow, evil, and pain. Compass us about with Thy holy Angels, that, guided and guarded by their array, we may attain to the unity of faith, and the knowledge of Thine unapproachable glory: for blessed art Thou unto the ages of ages. Amen.

MOST glorious, ever-virgin, blessed Theotokos, present our prayer to thy Son and our God, and pray that through thee He would save our souls.

MY hope is the Father, my refuge the Son, my shelter the Holy Spirit. O Holy Trinity, glory be to Thee.

UNTO thee do I commit mine every hope, O Mother of God; keep me under thy protection.